



IWA MAGAZINE

SUMMER EDITION JUNE 2018



Happy endings and new beginnings: After an exciting IWA year full of positive energy and teamwork, with a huge variety of activities and a record breaking IWA bazaar with 51 countries participating, with impressive charity work and rising membership numbers, IWA president Ximena Reyes and her board presented an amazing report to IWA's General Assembly. A huge THANK YOU to all board members for their women power! Your commitment and hard work made IWA again THE place to be in Bucharest - for newcomers and re-pats to feel welcome in an instant, and for expats and long time residents to enjoy the rich diversity of cultures present here.

The 2017/18 board passed on the baton to new IWA president Gladys Abankwa Meier-Klodt and her team. Big footsteps to follow - and lots of intense drive and energy to keep IWA thriving and growing.

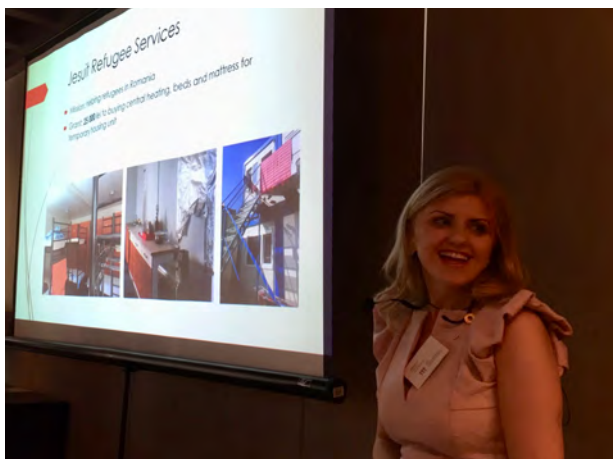
Outgoing and incoming board after the General Assembly
Photo: Motography by MBN

IWA
INTERNATIONAL
WOMEN'S
ASSOCIATION
OF
BUCHAREST

THERE ARE NO STRANGERS, JUST FRIENDS WE HAVEN'T MET YET

IWA SNAPSHOTS & NEWS

IWA General Assembly



WHAT DO WE DO?

We meet for coffee, of course – and for much more!! Tours, lectures, events, trips, leisure groups: Check out our website for upcoming **activitites!**

We partner with **Bucharest With Kids** for playgroup and with **Bucharest Spouse Professional Network** to host workshops for those looking for employment, or trying to figure out the next step in their lives.

Our **Charity** Committee visits non-profit associations, meeting some of the most inspiring leaders in Bucharst. We have a rigorous vetting process and give grants to local NGOs financed by our annual Multicultural Charity Christmas **Bazaar**.

Everyone on the IWA Board is a busy volunteer and often our members just take the initiative to organise outings or clubs saying: „Yes! Let’s do something exciting together!“

We’re open to expat women of all nationalities and to Romanian women who have lived abroad. Even your male spouse can join as a “Friend of IWA” at a reduced rate for most of our events.

Make Friends. Explore Bucharest. Support Charity!



Action required! New Data Protection Law

IWA's Privacy Policy has been updated due to the European Union's General Data Protection Regulation Law (GDPR) being enforced since May 25, 2018. According to these new laws, you must allow us to use personal data to be used for contacting you and registering you for our events.

Just use our [Step By Step Guide](#) to confirm your consent to IWA’s Privacy Policy NOW! You can find it on our Website <https://www.iwabucharest.ro/Privacy-Policy>

Dear Fellow IWA members,

It is a great honour to don the mantle of IWA President and, with the support of the new leadership team, I will do all that I can to substantiate your trust. To the outgoing board, I extend our sincere gratitude for the outstanding results you achieved this past year - a full calendar of diverse activities and a record-breaking Christmas Charity Bazaar are testimony to your unflagging commitment. Membership burgeoned and there were numerous opportunities to fulfil IWA's worthy objectives.



While I look forward to the many wonderful opportunities attached to this role, I am also aware that despite my best efforts, there may be disappointments. Your support and encouragement, but also generous-spirited constructive criticism will help us all to function better.

While we're on the topic of better functioning... The statutes have been re-drafted in the hope of making IWA's processes more efficient - we would rather devote more of our time to The Pillars of IWA: intercultural relations, discovering Romania and charity work. These pillars will continue to be our driving force as we engage old and new members, introduce new activities and liaise with additional partners to broaden our scope.

As a club that operates on the basis of *quid pro quo*, we are only as good as what we give, and we need to know who we are if we are to do this well. This is where our survey comes in. Knowing more about your life situation and preferences will lighten the task of planning activities with and for you, and of tapping into mutually beneficial skills and experiences that may otherwise remain unrecognised. The result, we hope, will be offerings with even more quality and relevance.

In just over a month, many of us will scatter to different corners of the globe for our summer vacations. It is a good time to start thinking about this year's Christmas Charity Bazaar - **December 9th** is only months away! There's no time like the present to approach potential donors and sponsors - or start your own preparations. IWA's board and committees will continue to work in the background, ready to welcome you back with renewed energy at our inaugural coffee morning on September 18th.

Until then, have a safe and restorative summer.

A handwritten signature in black ink that reads "Gladys". The script is elegant and cursive.

Gladys Abankwa-Meier-Klodt,
IWA President 2018-19

MEET THE IWA BOARD 2018-19

Gladys Abankwa-Meier-Klodt | President

Ghanaian/German | A lifetime trailing the diplomatic careers of my parents and husband has taken me on a voyage across 4 continents and rewarded me with a taste for self-reinvention. After incarnations as a microbiologist, interior designer, journalist and interculturalist, I arrived in Bucharest in early 2017 and became involved with IWA as the Honorary Chair of the Charity Bazaar. I am excited at the prospect of helping to shape the course of the association in the coming season.



Strella Ahn | Vice President

Korean | I was born and raised in South Korea and lived in 5 different countries across 3 continents before arriving to Romania 8 months ago with my husband who became in charge of Samsung Electronics in Romania and Bulgaria. As a general IWA member, I founded International Women's Choir and enjoyed leading the Lunar New Year party. As a newly elected VP, I will look forward to contribute my marketing expertise and network to lead IWA fundraising events successfully.



Hartley R. Miller | Activities Chair

American | I am originally from Boise, Idaho, in the United States, and I arrived in Bucharest five months ago. My husband is the Ambassador of Mexico to Romania. While my husband is a diplomat, I am a scholar, and I'm currently writing a doctoral dissertation at Princeton University about the art of love in medieval French texts. I am passionate about literature, history, and art, particularly medieval, and I am also interested in theater. Before starting my academic career, I worked as a professional actor in Idaho and Massachusetts. I met my husband in Boise at my parents' Christmas party in 2013, and we lived in Idaho and South Texas before coming to Romania. Now we feel at home in Bucharest, and we've recently added the joy of a new puppy named Dacio (after Dacia) to our life here.





Lauren Wilson | Treasurer

Canadian | I am from Vancouver, Canada and have had the privilege to travel for work within Canada, Europe, and Asia. From the first time I visited Bucharest in 2013, I felt a strong connection which drove me to relocate here in 2017 to complete a Masters of Business Administration with WU Executive Academy, Bucharest. IWA and its members have been a significant support system during this transition and in 2018 I look forward to furthering my participation. Fun fact: just recently I learned that I have a family connection to Romania through my great-great Uncle who was a school principal before immigrating to Canada.

Diana Cortes Chavez | Secretary

Mexican / Canadian | I am fully bilingual in English/ Spanish and fluent in Quebecois; and call Mexico and Canada home. My love of intercultural relations started at a young age. I was later able to refine my networking skills as a seasoned public servant for the the province of Ontario. I have packed my life five times - yet the first six months are never easy. (Give IWA a chance, there is something for everyone!).As a dog person, awesome chocolate cake baker and avid gluten & lactose free cook, I am proud to actively support IWA.



Delia Sfetcu Baciú | Charity Chair

Romanian | I'm a entrepreneur, mother, volunteer in educational projects, and a member of IWA's Charity Committee since 2015. I have a Master degree in Management et Gestion des Entreprises, from Universite d' Auvergne, France and a Diploma in Management of European Institutions from the Universite Babes-Bolyai, Cluj Napoca, Romania. All my years of study and hard work in a multinational company, combined with love and respect for Romanian traditions, gave me the



opportunity to develop our family business and to bring it on top. Charity is a good way to give back to community so I like to be involved in different social projects and to help people in need. I'm also fascinated about antropology and I LOVE to find and learn more about different cultures - a diplomatic way to say that I'm travel addicted ...



Anna Cekova | Activities Committee

Bulgarian | I was born in November 1977 in Varna, Bulgaria. I have completed a Master's degree in Journalism and Printed Media from Sofia University "St. Kliment Ohridski" in 2000. I have diverse country experience during the stay with my family in Greece, Romania and Luxembourg. We enjoy our international lifestyle and multicultural experience. I am happy to join IWA activities team this year and hope to bring positive impact to our lovely community.

Migyung Park | Activities Committee

Korean | Married to a Korean diplomat I have lived in 7 different countries and 8 cities. Throughout the 25 years we have traveled around the world, I've had the privilege of meeting many wonderful people from various cultural backgrounds. Having majored in art during college, I feel very lucky to have been able to enjoy the arts of different countries. Getting involved with several International Women's Organizations has also enriched my experiences abroad. I have two daughters and my friends would call me 'Miss Google' because I would always be ready to shoot some new ideas! I hope I can do the same for IWA.



Johanna Traven | Activities Committee

American | I joined IWA in 2016 when my husband and I relocated to Bucharest, after two years living in Kiev, Ukraine. Originally hailing from Boston, I most recently worked in the Economic Affairs section at the U.S. Embassy in Kiev. Prior to that, I spent two years as the Director of International Operations at the American Board of Medical Specialties in Chicago, where I helped implement a medical certification program with the Singapore Ministry of Health, after several years of healthcare and higher education consulting. I earned a Masters in International Education Policy from Harvard University and a B.A. from Trinity College in Spanish. I love traveling, playing tennis, attending performances and exploring the culinary scene in Bucharest. Currently, I am a stay at home mom to a sixteen month old, Margot.



MEET THE IWA BOARD 2018-19

Rabia Degand | Membership Chair

Moroccan / French | I am a Geologist, I studied in National Museum of Natural history, Paris. Before moving to Bucharest we lived in Paris, in the North and South of France, in New York and Bremen (Germany). I have been collaborating in different associations and volunteering in charity. I have two boys. I like reading, hiking and traveling.



Andreea Rusu | Membership Deputy

Romanian | I have relocated in autumn 2016 to Romania after 6.5 years of living abroad. I have a degree in Business & Economics and have been working in Sales, Marketing & Event Planning. I've also studied Norwegian Language and Culture and worked as an interpreter in Rogaland/ Norway, studied Italian in Emilia-Romagna, volunteered and worked for a charity in Scotland. I'm married to a Romanian engineer and have a baby girl. I'm passionate about music, literature and arts & crafts.



Kathrin Finke | Communications Chair

German | When I moved to Bucharest last summer I experienced IWA's warm welcome, which helped me feel at home here so fast. This is our second posting after one in Ankara/Turkey. Holding a Master in American Studies, I worked as a journalist in Berlin. Now I'm the Community Liaisons Officer at the German Embassy. I'm married to a German diplomat and have a son. I love writing and blogging, photography, travelling and meeting new people.



Fatima Madeira-Gruben | Communications Deputy

Portuguese | I have been living in Bucharest for the last 4 1/2 years and am a happy member of IWA since as it is giving me the chance to meet amazing women from Romania and all over the world. Last year, I had the honour of being Vice-President of IWA. The variety of activities helped me to get to know the city better and also the culture, the people, and the country of Romania. Being part of the Charity Committee has been very rewarding, as I think it's important to work for the ones in need in our host country. I am now looking forward to work with the Communications Team.



FAREWELLS

Time for Goodbyes

It's hard for me to start this exposé because the topic is so emotional. Three of our charming and adored IWA members are about to leave Romania, depriving us of their great companionship: Karima Radvan goes to England, Nancy Sage and Cristha Reyes return to the United States.

People often use the cliché 'time is flying' when there's nothing else to say. But in this instance it is completely true. For when you love someone, the time spent with this person is never enough and flies away before one can say goodbye. Farewell hurts and saddens but it's part of life. It is a way for a person to open new doors and explore new possibilities. Therefore, let's not say goodbye and give up to melancholy, but share the special moments experienced with these lovely women. Let's thank them from the bottom of our hearts!

If someone asks me 'What relates these three exceptional women together', I would instantly answer: their wonderful smiles, kindness and dedication. During my first year in IWA, they've always welcomed me at different events with compelling sparkle and positive attitude.

I recall my first encounter with **Karima** – she was the curator of an impressive exhibition at Renaissance Art Gallery 'Limits and Evolution'. I was fascinated how much energy fits into this tiny, fragile woman. Each curl of hers was bouncing in enthusiasm and her eyes were glancing with pure joy. She pictured the artist's world so enchantingly and explained his messages in such a manner that she altered the

gallery into a piece of art where all of us were being part of its creation.

This is Karima, she can descend into

the deep waters of art history, explaining the complex composition and exciting story of the

Sistine Chapel, and in the next moment make you laugh with an innocent joke charging you with her sunny mood. Whatever she does, she makes it with passion and dedication.

She has time for everything – generously delivering lectures for IWA without a thought about the efforts and energy it takes, opening exhibitions, cooking fantastic sweets, organizing charity events like the Spring Charity Recital in April.

Karima, we all thank you for being such an amazing and colourful person! We wish you'd never lose your kindness and vitality. Never stop inspiring people with the beauty of art wherever you are!

I would like to switch from Karima's creative joy to **Nancy's** aristocratic magnetism. Everyone knows that at first glance this woman makes a strong impression not only with her height and explosive

laughter (that cannot go unnoticed), but also with her refined presence and respect that arouses in people around her.

Always elegant, precise and uncompromising in fulfilling her duties, she has become not only my dear bridge teacher but also my mentor at IWA.



Whoever closely knows Nancy appreciates that she does not like to waste her words in vain. When she says something, it is thought carefully and carries a clear message. She does not talk much about her job but organises it in the best possible way. Despite her looking a bit restrained in public, anyone who had been at her lovely home or part of her bridge club will affirm that she is an extremely emotional,



delicate and patient person. In any situation, she would never lose control or show any irritation. Beneath the shield of good manners and sophisticated

behaviour this woman has a fiery temperament and an adventurous spirit. She is always ready to travel, explore and discover.

Nancy, thank you for your constant support and hospitality! Thank you for your commitment and dedication to IWA. Your positive energy is a great motivation to us! We will reach out to play online bridge with you wherever you are!

I can't write about **Cristha** without smiling happily. This cheerful and spontaneous Latin



American woman is like hot chocolate that instantly transforms a dull day into a colourful fiesta. (photos of the chocolate presentation at the Mexican restaurant).

For IWA's community, Cristha is like a guardian who



greet you with a smile, embraces you with her gentle presence and gives you a cosy feeling. She reminds of the lovely movie 'Life is beautiful' because, with Cristha, life is indeed beautiful!

She was part of an incredible activities team, which made IWA the most exciting club I've ever joined. There were weeks when the calendar was overflowed with interesting events that I could not choose which one to attend. Often my husband would ask me with a little irony: 'Where are you going today, will you have time to see each other?' I have to admit that thanks to Cristha and her great team, I couldn't always manage to fit him into my program.

Cristha, thank you for showing us how wonderful life is! Thank you for this magical year, for all your efforts to make our association an interesting place where wives, aside of their husband's professional life, can find commitment and inspiration. We wish that you'll continue doing your little magic wherever you are!

Finally, I would like to say that I was so impressed with the example and devotion of these women and when Nancy asked me to volunteer for IWA I agreed with joy. I hope that as part of the new activities team I will not disappoint you and our community will continue to be an interesting and exciting place, as it has been so far.

By Anna Cekova

DISCOVER ROMANIA

New life in old buildings

Today, I want to introduce you to a Saxon place in the center of Romania, brought back to life, by a Saxon lady, born in Romania. The place is called Cincșor, in Brașov county, about 260 km away from Bucharest.

Less than ten years ago, the place was a ruin, completely forgotten by the people, non-existent on the touristic map of Romania. Thanks to the efforts of an incredible woman, Carmen Schuster, who loves her birth place Cincșor, the village is now back to life and present on the international touristic circuit. She restored the old parish house and the old school of the village and turned them into the „Guest Houses of Cincșor”.

The village is a typical Saxon one, established by this German population who had migrated in the XIIIth century into the area of South-East of Transylvania.

The Cincșor village has a beautiful Evangelical Fortified Church built in the XIIIth century, for the religious celebrations but also for the protection against enemies attacks, being the strongest construction of the village. During the attacks, all the population of the village lived there, having all they needed for the life for a period of time: food, water, house, school, church, administration. All of these, in just a single place. The Evangelical Fortified Church was also built to allow to the fighter of the village to answer to the attacks of the enemies.

The church needed a huge restoration, which started in the second decade of the XXIst century and is still in progress. Since 2014 it could be opened again for the tourists and is also functional now for the special events of the Saxons, when they come from abroad, wearing their special costumes.



One of the restored parts of the church is the pipe organ. Due to the costs, the restoration of it was a common effort of the population of Cincșor. Each person who contributed to this, paid for the restoration of one pipe of the organ and now basically „owns” one of them. Now the community of the village can organize beautiful church concerts with a lot of guests, some of them also from abroad.

The priest comes into the village twice per month, on Sunday, since he has to cover some other villages as well. In the present, the liturgy is celebrated in the former house of the bell ringer, due to the reduced number of the evangelic population of the village.

In 2010, Carmen Schuster started restoring the old parish house from the XVIth century and the old school of the village. At that time, these two beautiful buildings used to be the place where the population of the village collected their garbage.

The old school is an Art Nouveau building from 1910. It was completely restored, together with a specialized team, and now offers 5 rooms, a huge and beautiful library, a living room and a restaurant with an outdoor terrace. The rooms are very high and beautifully decorated with old and new objects, well fitted in that space.

This is the place, also, for some cultural events: photo and painting exhibitions of young artists from Romania and other places around the world who present their works. On 26th of May, there will be exactly this type of cultural events, called „Face to face” which brings artists from over the world.

Entering the parish house yard, a lot of flowers and trees will welcome you. The parish house from the

DISCOVER ROMANIA

XVIth century revealed it's value and beauty during to the restoration. What a great surprise for



all the architects and specialists from the Art University in Bucharest to see the fresco under the painted walls! The Renaissance paintings were uncovered milimeter by milimeter and now you can see it on the walls. Now, this place is the house of the host, but it is open to the public, due to its beauty which deserves to be seen by all interested people. The stables and barns of the parish house were also transformed into beautiful apartments – with huge sunflowers near the entrance door greeting the guests and making the place even more beautiful in the summer.

There is also a huge terrace-restaurant used for big celebrations. And a big garden full of herbs and vegetables.

Near this, there is now an old Saxon house, refurbished and a new one, build from zero, but in the old traditional style.

What can I say about the food in that place? Is among the most exquisite that I have ever eaten. Due to the talent and imagination of the great chef Adrian Boscu, who is incredibly modest and says that he can't compare himself with those from Bucharest. Yes, he is right! Because he is better!

I visited this place already for many times. And every time when I'm around, I visit that great woman who made this possible. I have to call her in advance to announce that I would like to eat something for lunch, because the chef cooks just for the people interested. There is not a waste of food there.

I strongly recommend you to drive for a few hours from Bucharest to the heart of Romania. You will spend there an amazing time with such beautiful people. A weekend there will reboot you at least for the next month!

More info: <http://transilvania-cincsor.ro>

By Gabriela Balaban Mihalcea



Discover Romania with IWA

Do you also want to share your travel experience or places to go? Write an article and send it to newsletter.iwabhucharest@gmail.com!

Write it down!

*I am standing here, there are thousands of people
around me, nobody knows me, I know no one,
I am anonymous, I could not be, I could have stayed
home, nobody would have noticed
Moscow 2013, Mayakovski metro station 10 a.m.*

In every new location I get a notebook and write down random thoughts and feelings. I found these lines from my time in Moscow, it could have been anywhere those first days (sometimes months) when we are trying to make sense of things.

At the “Families in Global Transitions Summit” in the Netherlands I attended the presentation of “Monday Morning Emails”, a book presented by two consolidated writers; Terry Anne Wilson and Jo Parfitt. They wanted to stress the importance of journaling, of writing and sharing. The book includes methodologies and resources to better understand and thrive in the expat journey.

... A continent apart, Jo and Terry Anne made the commitment to email each other every Monday for six months. Part memoir, part diary, part self-help, the result is a vulnerable and insightful recollection – the then and now – of expatriate life between two friends.

When a family is moving, all members go through different phases. Excitement, grief, denial and these emotions can manifest in many ways, being aware of them is important to understand the behaviours that they generate. The bigger challenge is that these emotions and feelings are not synchronized, that means that while one member of the family may be ready and excited, another one may not be in the same line.

Sometimes we arrive at a new location but our heart is still somewhere else. Leaving a place that has been home somehow is not easy. This becomes clear when the boxes are packed but the grieving process may take longer. Leaving the routines, what has become familiar generates grief. Members of a family may experience grief without knowing it but the denial, anger, bargaining and depression stages may still be there.

They can manifest it the most trivial

things: being unwilling to revise the items to take along, change of mood, sleeping too much or too little, irritability, isolation. This is why **journaling helps to keep perspective** and to process all those mixed feelings.

“... I lost count how many times I wanted to cry yesterday, but that was one of them. (...) How could I be feeling so sorry for myself after hearing Marjan’s story? Life abroad can be tough and tough Joshua had something like a breakdown back in London while we were in Kuala Lumpur and ended up

coming to live with us, we did not lose a child. He’s been in a bad way, been suffering from some kind of post-traumatic stress and lack of confidence and had more therapy sessions that I can count. But he is alive...”
(From: Monday Morning Emails)

“In the wake of a husbands’ career, her life – and the lives of her husband and children – seem so effortlessly glide from one exotic outpost to another. She’s the backbone of the international family, the emotional rock. She’s also the last person anybody really thinks about until all the clean underwear wears out.” (From: “Culture Shock! Successful living abroad, A wife’s guide” by Robin Pascoe).

By Ximena Reyes, Senior Intercultural trainer



Practical Tips for Transition

- Join the “Families in Global Transition Network”, for thousands of tips and support on moving with your family
- Create opportunities for each member of the family to release some pressure
- Journal, write your thoughts, put your feelings there, even for small kids create a notebook where they will draw. Add collages of things they like from the place they are leaving, favourite ice cream or chocolate, draw house and neighbourhood
- Allocate extra time for goodbyes, sometimes it is faster with one party for all, but also some special activity with special friends,
- Say goodbye also to places
- Download a meditation app, mindfulness has some nice 3, 5, 15, and 30 min sessions that can help you ease the anxiety of what is coming and ease the sadness of leaving
- Remember: this is like a train journey where there is a final destination but you meet incredible people on the road and also at every stop people get in and out, yet meeting them is worth the journey



SARMALE

Romanian Cabbage Rolls

Traditional Romanian Cabbage Rolls are made with sour cabbage stuffed with pork and beef and little bit of bacon, the best cabbage rolls you will ever have.

Course: Main Course

Cook Time: 30mins

Total Time: 4hrs 30mins

Servings: 10

Calories: 474 kcal

<https://www.jocooks.com>

BY JOANNA CISMARU

Ingredients

- 2 tbsp vegetable oil
- 1 large onion chopped
- 1/2 cup long grain rice uncooked, preferably basmati
- 2 lb ground pork (900g) or whatever meat you prefer
- 1/4 cup parsley chopped
- 1/4 cup fresh dill chopped
- Salt and pepper to taste
- 2 lb sour cabbage leaves (900g)
- 15 slices bacon chopped
- 4 cups tomato juice

Recipe Notes

You can find sour cabbage leaves (*varza murata*) at your local grocery store like Carrfour, Auchan or Lidl.

You can use fresh cabbage instead of sour cabbage, but more work is required. You first have to blanch the cabbage. To do so, core the cabbage first, one large cabbage should be enough for this recipe. In a large pot of boiling slated water, add the cabbage and blanch it for 5 to 8 minutes or until leaves are softened. Remove from the pot and chill under cold water.

Another alternative to softening the cabbage leaves is to wrap it in plastic wrap and freeze it for a couple days. Remove the cabbage from the freezer and thaw it out at room temperature. Once the cabbage has thawed out, the leaves should be softened.

Please keep in mind that nutritional information is a rough estimate and can vary greatly based on products used.

Instructions

1. Preheat the oven to 375 degrees F (190°C).
2. Heat the oil in a skillet, add the onions and cook until softened and translucent. Add the rice and cook for another minute.
3. In a large bowl, add the ground pork, salt, pepper, parsley, dill and the onion and rice mixture. Be careful with the salt, not too much is needed because the sour cabbage is already salty. Mix well using your clean hands.
4. Remove all the cabbage leaves and cut each leaf in half. Romanian cabbage rolls are traditionally smaller than the Polish cabbage rolls, so that's why I recommend cutting each leaf in half, otherwise you can use the entire leave for one roll.
5. Fill each leaf with about a couple tbsp of the meat mixture and roll. Repeat with all the remaining meat and cabbage. If you have any cabbage left over, chop it up and spread it over the bottom of a big pot.
6. Put all the rolls in the pot, add the chopped bacon in between the cabbage rolls and add the tomato juice over the rolls. Add more water if needed, the juice should cover the cabbage rolls entirely. Cover the pot with aluminum foil or a lid.
7. Place in the oven and bake for 2 hours, remove the foil or lid and place back in the oven and cook for another 1 1/2 to 2 hours. Serve hot with a bit of sour cream on top.

You can see photos with all the steps, notes and more amazing recipes on JoCooks' website
www.jocooks.com
 Poftă bună!

Having Fun Together

What's up? A lot was happening and there are great activities coming up! For upcoming events and registration please check our website www.iwabucharest.ro! You have to log in to see the "events" section.

Martisor
Workshop



Latin
Party



Italian Lunch



Botanic Garden Tour



Colombian
Cooking Class





Universal language

The International Women's Choir of Bucharest was founded on 6 March 2018 by Stella Ahn, who had met many women in Bucharest who were passionate about singing, but who did not have an outlet for their artistic talents in the absence of daytime choir. Under the musical direction of Georgeta Popescu, the choir includes amateur singers from Romania, Korea, the United States, Spain, Venezuela, Portugal, China and Japan, who share a passion for expressing themselves in the universal language of music.

Please come listen to our first **Summer Concert on June 7** at 6.30 p.m., Evangelische Kirche Bukarest (Biserica Anglicana). We will also sing for BSB Summer Fair on 9 June.



COMING UP

Celebrating Romania: Charity Photo book „Through the Lenses of Expat Women“ coming out in its 9th edition - Launch, exhibit and live auction, British School of Bucharest, **May 24**

Bucharest **BookFest**, RomExpo, **May 30-Jun 3** – BookFest is also featuring the exquisite new cookbook „**Celebrating Food around the World**“ recently launched by SPOHOM (Spouses of Heads of Mission). Makes a great gift to internationally minded foodies!

Romanian Summer Wines: Wine Tasting with Maria Raets, **June 6**

International Women's Choir of Bucharest – **Summer Concert**, Biserica Anglicana, **June 7**

Renastere **Happy Run**, **June 9**
We'll have an IWA team starting!

Next **IWA Coffee Morning**: **June 19**

SAVE THE DATE: **Welcome Back Coffee Morning** will be held **September 18** at the Diplomatic Club!

IWA BAZAAR 2018 – **December 9**

Weekly clubs at IWA: MahJong, Bridge, Book Club Tennis, Sewing, Pilates ... and maybe you want to establish one, too?

Monthly Coffee Mornings at IWA: Starting again in September we usually meet for IWA Coffee on the 3rd Tuesday of the month and for Newcomer's Coffee every 1st Tuesday of the month.

Check out our **Website** for upcoming dates!
To start your 1 month free trial membership, click on "JOIN US".

For Community Events check our Facebook Page!



Mah Jong is a wonderful, international, social game. Many of us have played while on other "ex-pat" assignments. Everyone was so welcoming and it was such a pleasure to start playing with this group when I arrived in Bucharest. Mihaela Gafton has been instrumental in teaching, encouraging and hosting weekly events. We met for lunch to say a special thank you to Mihaela in November 2017.

12 words you'll need for the summer

Dictionary

corner:

friend: prieten(a)	swimming pool: piscină	garden grădină
blue sky: cer albastru		
	hot weather: vreme caldă	
Spring: primăvară		
flower(s) : floare (flori)	Summer: vară	plant: plantă
	grass: iarbă	
sun: soare		ice cream: înghețată

IWA Make Friends. Explore Bucharest. Support Charity.



CONTACT US

Our office is not regularly staffed
so please contact us via email:
iwabucharest@gmail.com

Event updates are sent regularly to members. If you are not receiving your email from us, check your spam folder and add us to your contacts. Email us if you still have any problems and include your phone number.

Visit our website or follow us on Facebook for up-to-date information on current activities and events.

www.iwabucharest.ro

MEMBERSHIP

Full Membership: 300 RON (September-September)
150 RON (March-September)

"Friends of IWA" Membership: 150 RON (Sept – Sept)
75 RON (March-Sept) – access to a limited choice of activities for male spouses or full time working women who usually can't participate in daytime activities.

We follow the school year so all memberships must be renewed in September.

One month free trial membership

is available via our website (click "Join Us").

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IWA International Women's Association of Bucharest
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Following the May Extraordinary General Assembly, IWA is now lead by a 3-member board (President, Vice President and Treasurer) in order to make it easier to meet our legal obligations to Register with the Romanian Court. The Board is supported by the Secretary, Committee Chairs and Deputies.

IWA MAGAZINE

Editors: Kathrin Finke & Monica Harlace

Photos: IWA | MOtography by MBN | perceptum

IWA Magazine is your magazine!

Contributions welcome !

Share your experience, photo, story or recipe. We recognize all contributors by name. If you send photos, please make sure you own the copyright (no internet pics!). Please email us (up to 500 words and 1-2 pictures in printing quality, i.e. at least 1200 pixels on the long side of the photo or 1-2 MB!) to: newsletter.iwabucharest@gmail.com

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